

# 1 Day Firefighter Survival

## Hands On Training

Division Chief Paul Capo and Cadre



**Fri May 10, 2019**

**08:00 – 17:00**

Hosted by the  
Estes Valley Fire Protection District  
**\$75 with lunches provided**



Register at <https://www.estesvalleyfire.org>  
Training > Course Offerings

**Bring SCBA & 1 Spare Bottle**

Training at Estes Valley Regional Training Center  
650 Elm Road, Estes Park CO 80517

In this 1-Day Firefighter Survival course the student will learn from instances during past fatalities and arm themselves with an increased skill set in firefighter survival. Skills that will be accomplished are: *MAYDAY transmission, wall breaching, the naked SCBA drill, reading couplings, disentanglement, skip breathing, reorientation techniques, headfirst ladder bailouts and rope slide.*

In an imminent life-threatening situation, physiological changes occur. Let's not find ourselves in a situation that can be easily remedied - only if we knew the proper technique.

### About The Instructor:

Paul Capo has been a firefighter since 1996 and serves as the Division Chief of Operations and Training with the Estes Valley Fire Protection District in Estes Park, Colorado. Paul Capo is the Founder of When Things Go Bad, Incorporated where he develops a vast compliment of firefighter curriculum and training. His diverse teaching includes, but not limited to, FDIC (Fire Department Instructors Conference), Fire House Expo, Orlando Fire Conference, Fire Rescue East, Wichita HOT, etc. where he trains on multiple subjects in fire service academia. He and his crew can be seen regularly on Fire Engineering's Training Minutes as well as in the When Things Go Bad training DVD series. Paul has his B.A.S. in Public Safety Administration and is passionate in all areas of firefighting.

## ESTES VALLEY FIRE PROTECTION DISTRICT

*Serving the Residents and Visitors of the Estes Valley with Superior Fire and Safety Services*

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